

# OCTOBER 2020 \* EAST HAVEN



## OCTOBER IS.....

- ◆ Bat Appreciation Month
- ◆ National Cookbook Month
- ◆ Emotional Wellness Month
- ◆ Country Music Month
- ◆ National Caramel Month
- ◆ National Pizza Month
- ◆ Adopt-a-Shelter-Dog Month
- ◆ American Cheese Month
- ◆ National Breast Cancer Awareness Month
- ◆ National Reading Group Month
- ◆ Spinach Lovers Month
- ◆ Polish-American Heritage Month

**Come Join The Fun**  
Calendar Events Subject to Change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h2>Happy Halloween</h2>				9:30 Hair Salon <b>1</b> 11:45 Manicure Mania 3:15 Pumpkin Snack  <i>Full Harvest Moon</i>	10:00 Coffee & News <b>2</b>  <b>Don't forget to schedule your visit!</b>  <i>World Teachers Day</i>	<b>3</b>  <i>World Porridge Day</i>
<b>4</b>  <i>National Inner Beauty Day</i>	10:00 Primp & Pamper <b>5</b> 11:45 Teacher Appreciation 3:15 Snack  <i>World Teacher's Day</i>	10:00 Arts & Crafts <b>6</b> 3:15 Balloon Bat  <i>National Noodle Day</i>	10:00 Coffee & Coupon <b>7</b> 11:45 Music Therapy 2:30 Country Westerns  <i>You Matter To Me Day</i>	10:00 Perry Mason <b>8</b> 3:15 Fluffnutter Snack  <i>World Octopus Day</i>	10:00 Exercise <b>9</b>  <b>Don't forget to schedule your visit!</b>  <i>World Egg Day</i>	<b>10</b>  <i>National Angel Food Cake Day</i>
<b>11</b>  <i>Clergy Appreciation Day</i>	10:00 Manicure Monday <b>12</b> 11:45 Sensory Games 2:30 Fall Craft  <b>COLUMBUS DAY</b>	10:00 Watercolor Art <b>13</b> 3:15 Music & Massage  <i>National M&amp;M's Day</i>	10:00 Exercise <b>14</b> 11:45 1 on 1 w/ Jaz 3:15 Dessert Cart  <i>National Dessert Day</i>	10:00 Perry Mason <b>15</b> 3:15 Let's Take a Walk  <i>National Grouch Day</i>	10:00 Coffee & News <b>16</b> 11:45 Pet Therapy  <b>Don't forget to schedule your visit!</b>  <i>Boss's Day</i>	<b>17</b>  <i>Sweetest Day</i>
<b>18</b>  <i>Natl. Chocolate Cupcake Day</i>	10:00 Primp & Pamper <b>19</b> 2:30 Rock Painting 3:15 Snack Cart  <i>Evaluate Your Life Day</i>	10:00 Music & Art <b>20</b> 3:15 Balloon Bat  <i>Natl. Brandied Fruit Day</i>	10:00 Coffee & Coupon <b>21</b> 11:45 Hand Massage 3:15 Mandala Coloring  <i>Natl. Pumpkin Cheesecake Day</i>	10:00 Perry Mason <b>22</b> 3:15 Music & Massage  <i>National Color Day</i>	10:00 Exercise <b>23</b> 11:45 Pet Therapy  <b>Don't forget to schedule your visit!</b>  <i>Natl. Boston Cream Pie Day</i>	<b>24</b>  <i>National Bologna Day</i>
<b>25</b>  <i>Mother-in-Law Day</i>	10:00 Manicure Monday <b>26</b> 2:30 Tic Tac Toe 3:15 Pumpkin Snack  <i>National Pumpkin Day</i>	10:00 Arts & Crafts <b>27</b> 3:15 Balloon Bat  <i>Navy Day</i>	10:00 Exercise <b>28</b> 12:00 <b>Cook's Choice Luncheon</b> 3:15 Trick or Treat  <i>National Chocolate Day</i>	10:00 Perry Mason <b>29</b> 3:15 Oatmeal Cookie Snack  <i>National Cat Day</i>	10:00 Coffee & News <b>30</b> 11:45 Pet Therapy 3:15 Candy Corn Social  <b>Don't forget to schedule your visit!</b>  <i>National Candy Corn Day</i>	<b>31</b>  <b>HALLOWEEN</b>

