



MARCH 2021 * EAST HAVEN

MARCH IS.....

- ◆ Irish-Americans Month
- ◆ American Red Cross Month
- ◆ Mad for Plaid Month
- ◆ Caffeine Awareness Month
- ◆ National Craft Month
- ◆ National Peanut Month
- ◆ National Women's History Month
- ◆ Spiritual Wellness Month
- ◆ Save Your Vision Month
- ◆ Sing With Your Child Month
- ◆ National Kidney Month

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|---|--|---|---|
| | 10:00 Exercise 1 11:45 Sensory Games 2:30 Movie Monday 3:15 Popcorn Snack <i>Peanut Butter Lover's Day</i> | 10:00 Nails & Massage 2 2:30 Stories w/ Megan 3:15 Shamrock Decorating <i>Natl. Banana Cream Pie Day</i> | 10:00 Coffee & Coupon 3 11:45 Beauty Shop 3:15 Snack <i>National Anthem Day</i> | 10:00 Irish History & Music 4 2:30 Time Slips 3:15 Walk A Bye Baby <i>National Pound Cake Day</i> | 10:00 Exercise 5 11:45 1 on 1 w/ Jazz 2:30 Pet Therapy <i>National Cheese Doodle Day</i> | 6 <i>National Dress Day</i> |
| 7 <i>National Cereal Day</i> | 10:00 Coffee & News 8 11:45 Manicure Monday 3:15 Peanut Snack <i>National Peanut Cluster Day</i> | 10:00 Nails & Massage 9 2:30 Exercise 3:15 Potato Chip Snack <i>National Meatball Day</i> | 10:00 Exercise 10 11:45 Beauty Shop 3:15 Snack <i>National Ranch Dressing Day</i> | 10:00 Family Visits 11 2:30 Balloon Bat 3:15 Coffee & Oatmeal Cookies <i>Natl. Oatmeal Nut Waffles Day</i> | 10:00 Coffee & News 12 11:45 Word Search 2:30 Pet Therapy <i>National Girl Scout Day</i> | 13 <i>Natl. Chicken Noodle Soup Day</i> |
| 14 <i>Daylight Savings Time Begins</i> | 10:00 Exercise 15 11:45 Bird Feeders 2:30 Movie Monday 3:15 Popcorn Snack <i>Ides of March</i> | 10:00 Nails & Massage 16 2:30 Music & Memories 3:15 St. Patrick's Crafts <i>National Panda Day</i> | 10:00 Coffee & Coupon 17 11:45 St. Patrick's Craft 3:15 St. Patrick's Snack ST. PATRICK'S DAY | 10:00 Family Visits 18 2:30 Time Slips 3:15 Flower Crafts <i>National Sloppy Joe Day</i> | 10:00 Exercise 19 11:45 Matching Game 2:30 Pet Therapy <i>Natl. Chocolate Caramel Day</i> | 20 <i>1st Day of Spring</i> |
| 21 <i>Memory Day</i> | 10:00 Coffee & News 22 11:45 Manicure Monday 2:30 Knock-Knock 3:15 Snack <i>National Goof-Off Day</i> | 10:00 Nails & Massage 23 2:30 Exercise 3:15 Balloon Bat <i>National Puppy Day</i> | 10:00 Exercise 24 11:45 Beauty Shop 3:15 Chocolate Raisin Snack <i>Chocolate Covered Raisins Day</i> | 10:00 Family Visits 25 2:30 Art Therapy 3:15 Card Games <i>Natl. Medal of Honor Day</i> | 10:00 Coffee & News 26 11:45 1 on 1 w/ Jazz 2:30 Pet Therapy <i>National Nougat Day</i> | 27 <i>Passover, Begins at Sunset</i> |
| 28 <i>Palm Sunday</i> | 10:00 Exercise 29 11:45 Veteran Appreciation 2:30 Movie Monday 3:15 Popcorn Snack <i>Vietnam War Veterans Day</i> | 10:00 Nails & Massage 30 2:30 Plant a Seed 3:15 Snack Social <i>Doctors' Day</i> | 10:00 Coffee & News 31 11:45 Beauty Shop 12:00 Cook's Choice Luncheon 3:15 Snack <i>National Crayon Day</i> | | | |
| <h2 style="text-align: center;">St. Patrick's Day</h2> | | | | | | |

